



**Activities Unlimited  
General Meeting**

January 10, 2016  
1:00 PM at the WRC  
Heneveld Hall

Our speaker this month is Walter Choroszewski who will share his experience with DNA testing and teach us how to discover the hidden treasures found in DNA. As a former science educator, Walter decodes the confusing science of genetics and translates it into common language. He compares companies offering DNA testing and directs how to find your genetic relatives, ancestral origins, traits and so much more. It will be an entertaining and interesting presentation.

**Obituary**

It is sad to report the death of Joan Grimley, beloved wife of AU member **Dick Grimlay**, on December 3rd, 2016

Joan is the wife of **Dick Grimley** who is a long time member of AU, a great guy, and an excellent golfer. They have been living in Florida, but Dick is still a member of AU.

Note from the President

First, I would like to thank last year's President, George Lewis, for passing on a club that is vibrant, growing, adding new activities and fostering good fellowship. We owe him a debt of gratitude for his outstanding stewardship. Also, I'd like to recognize the contribution of our club chairmen and the volunteers who run the various trips and tours and special events. These often behind-the-scenes members are the lifeblood of the organization. Having enjoyed another wonderful, Christmas dinner dance, I want to single out as an example John Murphy and Bill Mastellon for all they did to make it a success.

Turning to the year ahead, I'd like to identify some themes for 2017. Let's continue to grow our membership. Each member serves as our best salesman. Tell friends and acquaintances about the club and the role it plays for you. Achieving the goal of 400 members early in 2017 would be a fitting tribute to George's membership initiative. I'd like to emphasize the importance of the "Suggestion Box." Please take advantage of it to contribute ideas to make the club even better. Finally, I'd like to ask members to consider volunteering to assist the club. Often, it's the same members who volunteer for any task needed.

Please think about stepping up to help and you'll find that it's personally rewarding and generally as much fun as it is work!

Finally, I want to wish all members and their families a healthy and activities filled year.

Tom Butler, President

NOTES TO MEMBERS

All articles for the February issue of the Newsletter should be emailed to **Dick Hensch** at: [jrhensch62@gmail.com](mailto:jrhensch62@gmail.com) or mailed to: **Richard Hensch**, 41 Appert Terrace, Mahwah, NJ 07430 no later than **Wednesday, January 25, 2017**. Remember to keep articles short as this is a mailed copy and space is limited.

**Any article for the February issue sent only to Lou Guarneri will NOT be in the February issue of the newsletter.**

Wyckoff Reform Church and parking lot closing dates:

There will be no parking, no loading of tour bus, etc. in the parking lot on: Wednesday and Thursday, April 26 & 27, 2017.

As always, all club chairmen are reminded that if you have any activity in the church including parking in the church lot and/or loading a tour bus to please check with Sue (and the church calendar) for any conflicts *before* arrangements are made.

G
 eneral membership meetings are normally held the 2nd Tuesday of the month at Heneveld Hall adjacent to the Wyckoff Reformed Church, Wyckoff, NJ.

# ACTIVITIES UNLIMITED

## GENERAL MEMBERSHIP INFORMATION



### 2017 OFFICERS



**Tom Butler**  
President  
201-934-8161



**Jim Webb**  
1st Vice President  
201-337-7982



**Joe Pullaro**  
2nd Vice President  
201-337-0018



**Howard Vogel**  
Secretary  
201-612-2237



**Mark Cohen**  
Treasurer  
201-337-4198



**Doug Cooper**  
Asst. Treas.  
908-907-1112

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
AU Guys	John DeSantis	201-447-0256	
Book Club	Vince Tortorelli Joe Clinton	201-447-3718 201-447-2261	4th Wed. 9:30
Dup. Bridge	ED Foldessy	201-327-5767	Wed 1 pm Larkin House
Rub. Bridge	Wes Cheringal	201-848-8009	M,F 1:00 pm Franklin Lakes Ambulance Building
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	973-525-0979	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 973-248-6625	1st Wed.10:00
Golf	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
Hiking	Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00
Historian	Dom Manobianco Victor Pizzolato	201-891-7185 201-612-0038	
History	Pablo Catangay	201-684-1217	4th Monday 1:00 pm
Investment	Al Connelly Herb Umland	973-616-0755 201-891-6638	Thru after the AU General Meeting 9:30
Luncheon	John Abrahamsen	201-848-8037	

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photography	Murry Perl Sam Ohan	201-261-7276 201-825-0437	1st Tuesday 10:00 am
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wednesday 9:30 am
Refreshments	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tuesday 10.00 am
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Don Kirkpatrick John Abrahamsen	201-337-5666 201-848-8037	2nd Tues. 9:00 am 4th Tues. 9:00 am
Tennis	Dom Manobianco Dave Burleigh	201-891-7185 201-485-8923	M,W,F
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	The AU General Meeting 10:30 am
Web-Master	Don Kirkpatrick	201-337-5666	

At the December general meeting \$130.00 was collected for the Wyckoff Reform Church Food Pantry.

Please remember that WRC is a smoke-free environment. This includes E-Cigarettes.

The deadline for February, 2017 Newsletter articles is 5 PM January 25, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold). Send articles to: Dick Hensch at [jrhensch62@gmail.com](mailto:jrhensch62@gmail.com) or mailed to Richard Hensch, 41 Appert Terrace, Mahwah, NJ 07430 no later than Wednesday, January 25, 2017. Remember to keep articles short as this is a mailed copy and space is limited.



## Duplicate Bridge Results



## The Science Club

Science

The next S/C Meeting is Tuesday, January 17, 2017  
Dr. Cauchard will return to update us on Conditions of the Eye.

His previous visits have been most informational--Note: the specific time will be indicated later based upon his schedule. Nine members enjoyed our car pool trip to the Museum of Natural History on November 15-- we saw the titanosaur exhibit, IMAX Wonders of the Arctic, and the Dark Universe planetarium presentation -thanks to **Dave Ingersoll** for driving. Hopefully someone will offer to organize a similar trip next year--also we need speakers starting with the February meeting next year. Thanks again to those who made presentations this year as well as those who attended our meetings.

**Jack Yurasek** (201-337-4433)  
Email: [JYURASEK@AOL.COM](mailto:JYURASEK@AOL.COM)

		1st	2nd	3rd
12/7	NS	Foldessy/Smith Altamuro/Anad	—	Sweetgall/Wong
	EW	Freimuth/Warner Meloro/Milcos	—	Douma/Martin
12/14	NS	Rock/Smith	Hulit/Lewis	Coughlin/Gilpatrick
	EW	Martin/Meloro	Douma, Mac-Dougall, Wong	Warner/Yampell
12/21	NS	Foldessy/Page	Levin/ MacDougall	Sweetgall/Warner
	EW	Freimuth/Meloro	Lewis/ Mahmarian	Coughlin/Wong
12/28	NS	Meloro/Wiest	Freimuth/ Yampell	Coughlin/Riccardi
	EW	Boylan/Foldessy	Altamuro/Warner	Kampschmidt/Milcos



## The History Club

On November 28, I presented the "Health History of the United States Presidents." For over 100 years the US presidents and presidential candidates had suffered heart failure, cancer, stroke, kidney failure, chronic disabling infections, depression and other serious illnesses that were kept secret from the public and the electors. These leaders, who were very ill, were surrounded by yes men, sycophants and others bounded by code of silence. They skillfully and deliberately kept the truth from the electorate. I discussed the health histories of Presidents John F. Kennedy, Franklin D. Roosevelt, Woodrow Wilson and Grover Cleveland who I believe were the sickest persons to occupy the office of the presidency. I also presented the health histories of the Assassinated

Presidents: Abraham Lincoln, James A. Garfield, William McKinley and Ronald Reagan. Questions and answers followed the presentation.

**There will be no meeting for the months of January and February.**

**PABLO CATANGAY**



## Public Discussion Group

The group enjoyed a lively discussion of three topics. The first was the Trump transition. It was noted that the process was ahead of previous presidents-elect and many members felt the selections were very good. Some took a wait and see approach, while others felt that the picks reflected closely positions taken during the campaign. In particular, there was a good exchange around the choice of Rex Tillerson and how the Senate hearings would go. We then moved on to a discussion of the Bergen Freeholders. It was brief because few members had any idea who they were or what they did. One member noted that there was little transparency to their meetings. One suggestion that came from this discussion was to find a former Freeholder of expert on County Government to come and talk to the group. Finally, we discussed the issue of "student debt." Views expressed touched on a range of aspects, from the appropriateness of college for everyone, the value of a degree vs. its cost to the financial risks associated with the trillion plus debt now on the US Gvt's books.

The next meeting will be on Wednesday, January 11<sup>th</sup>. Topics for discussion will be: "Political Correctness;" "The National Debt;" and "Self-Driving Cars." All members are welcome to attend.

## Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Sal Baldino	140 Day Ct. Mahwah, NJ 07430	Physician	Book Club, Bridge, Discussion Group, Golf, Photography and Stock Market	Phone H: 201-891-5021 Cell: 201-248-5742
Michael Buckley (Sara)	49 Dale Ave. Allendale, NJ 07401	Educator	Bridge, Science and Hiking	Phone H: 201-825-8935 Cell: 201-819-6712 Email: saramike3@gmail.com

## The AU Guys Band



## Trips, Tours & Special Events Calendar

**Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.  
Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.**

**WEDNESDAY, January 11, 2017, - The NYBG's Holiday Train Display.** Enjoy a trip and visit to the Botanical Garden Conservatory Exhibits, Holiday Decorations and view the Magnificent "G" scale model locomotives and trains as they zip through an outstanding display of iconic New York sights such as the Brooklyn Bridge, Coney Island and many more. This will be a self-guided tour of the Conservatory. The visit will be followed by lunch at Emilia's Ristorante on iconic Arthur Avenue; salad, your choice of Pork Osso Bucco, Chicken Parmigiano, Chicken Francese, Grilled Salmon or Frutto di Mare over Linguini. This is followed by Dessert and Coffee. Adult beverages are on your own. Open to members, spouses or significant other. The bus will leave from the WRC parking lot at 8:45 am. The Cost is \$70.00 per person. There will be time to roam the area to purchase Italian food stuff, etc. Please include your choice of entrees when you send your check for \$70.00 pp made payable to "Activities Unlimited" to: **Dick Botta**, 413-D Bromley Place, Wyckoff, NJ 07481; 201-848-9001.

**THURSDAY, February 9, 2017 ----Lunch at Savini's** Come join us for an afternoon of good food and fellowship. A four course lunch will be served with pasta, soup or salad, choice of veal, chicken or fish, desert, coffee, tea and soda. A cash bar is available. Cost is \$25.00 pp Open to members, spouses or significant other. Time 12:30 pm. Checks for \$25.00 pp should be made payable to "Activities Unlimited" and sent to:  
**Dick Freimuth**, 413A Bromley Place, Wyckoff, N.J. 07481. Phone is 2012-847-0415. Snow date February 16, 2017

**Monday, March 13, 2017 – "SEAMUS O'MACARONI" – The Brownstone, 351 Broadway, Paterson, NJ – 11:30am-3:30pm.** What happens when two great cultures collide? Well, you'll find out when the Irish and Italian come together to celebrate St. Patty's Day. Ace In The Hole Players and their band along with a bagpiper headline this wacky look at Irish and Italian life. It is sure to be a day full of Irish laughter and song with just the right amount of Italian flavor. \$50.00 pp. includes, Show, Luncheon, Taxes, and Tip. Luncheon is family style, 2 free drinks, warm rolls, fresh green salad, Irish pea soup, corned beef & cabbage, roasted chicken, Irish soda bread, boiled potatoes, buttered carrots, dessert, coffee & tea, and pitchers of regular/diet soda on the tables. Open to members, spouses or significant other. Please send your check for \$50.00 pp made payable to ACTIVITIES UNLIMITED to:  
**Bob LaSalvia**, 80 Glasgow Terrace, Mahwah, NJ 07430 Tel 201-529-4784

**WEDNESDAY, March 15, 2017 — Philadelphia Flower Show.** From towering windmills, wooden shoes and delectable cheeses, to the whimsical bicycles, canals and vibrant tulip fields of the iconic Dutch landscape, the 2017 Flower Show will share the diverse stories of horticulture, innovative eco-design, and modern urban greening and sustainability efforts of the Netherlands. The cost is \$50.00 per person; includes the bus and a discounted ticket to the show. Lunch is on your own. The bus will leave WRC parking lot at 8:30 am sharp and will leave the flower show at **3:45 pm sharp**. **NOTE to AU Members, your check must be received no later than 2/10/2017.** After that date the trip will be opened to local garden clubs and the general public. If you delay you may be placed on a waiting list. Send your check made out to "Activities Unlimited" to: **Lou Guameri**, 128 MacLeish Court, Mahwah, NJ 07430. **Please include your cell phone number with your check.** Any questions call Lou at 201-847-1981

**THURSDAY, April 20, 2017 — NBC BACK STAGE TOUR.** Includes Studio visits to Jimmy Fallon Show, SNL, Late Night Seth Myers, & Lester Holt News. We also learn about TV Production, Scriptwriting & Producing. Bus leaves WRC at 9 am & arrives at NBC at 10:30 am. 2 hours for lunch on your own. We pick up our 40 tickets at 12:30. Tour starts at 1 pm, 10 people every 20 minutes. Last tour 2 pm. Each tour is 1 hour. After tour meet in the lobby at 3:30 pm for Bus ride home. Price: \$55.00 pp. Open to members, spouses or significant other. Send checks payable to AU to: **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ 07430. Tel: 201-825-5843. **Please include your cell phone number.**

### MAY 2017, AU LUNCHEON

**WEDNESDAY –THURSDAY, June 14-15, 2017, : Sight & Sound Millennium Theater presentation of "Jonah and the Whale".** Fabulous Buffet at the Shady Maple Smorgasbord Restaurant (Beef Steak Night) and Overnight Accommodations lovely Country Living Inn with included Breakfast at their 1950 Diner next door (enjoy the fabulous "plate-sized Pancake). After Breakfast we depart for home. Cost is \$234.00 per person double occupancy and \$309.00 for a single. **Sign up now and pay in full no later than March 31, 2017.** We made it an overnight because a 7 hour round trip Bus Ride is a real pain. Open to members, spouses or significant other and friends. Time TBD. The Productions at Sight & Sound are so unusual and interesting with the Stage Effects of live animals and spectacular theatrical scenes. I wonder how it will present water effects. For more information Contact: **Dick Botta**, 201-848-9001

**THURSDAY, June 22, 2017- Spirit of New York Luncheon Cruise.** When Sunshine, Good Company and the NYC Skyline views combine, there is no better place than a 2 hour cruise on the Hudson and East Rivers. Delicious Lunch Buffet, Unlimited Coffee/ Hot & Iced Tea and Onboard Entertainment with D.J. Music. A La Carte drinks (soda, beer, wine and cocktails are available). Open to members, spouses or significant other. Time TBD. We will carpool from WRC to Lincoln Harbor, Weehawken, NJ. THIRTY (30) reservations will be purchased and will be offered on a first come, first serve basis. The Cost is \$60.00 per person. Please send your check payable to “Activities Unlimited” to: **Don Wasson**, 14 Appert Terrace, Mahwah, NJ 07430. Any questions about this event, contact Don at 201-891-1873 or [donwas@verizon.net](mailto:donwas@verizon.net).

July, 2017 Picnic

August, 2017 Brownstone show

**September 2017, Wine Tasting Party**

October, 2017—TBD

November, 2017—TBD

**December, 11, 2017, Christmas Party**

## 2016 Christmas Dinner Dance Photos





**We wish all a happy, healthy and safe New Year**